

# ARE YOU AN INTELLECTUAL?

This is an exercise to help you determine if this temperament is a dominant one for you. Score these statements on a scale of 0 to 5, with 0 being not true at all and 5 being very true. **Record your results in the spaces provided.**

**1**

I feel closest to God when I learn something new about him that I didn't understand before. My mind needs to be stimulated. It's very important to me that I know exactly what I believe.

**2**

I get frustrated when the church focuses too much on feelings and spiritual experience. Of far more importance is the need to understand the Christian faith and to have proper doctrine.

**3**

The words *concepts* and *truth* are very appealing to me.

**4**

I feel close to God when I participate in a time of uninterrupted study - reading God's Word or good Christian books and then perhaps having an opportunity to teach or participate in a discussion with a small group.

**5**

On a scale of 0 to 5, how much does the statement describing the heart's cry of the intellectual resonate with you in comparison with the others?

- Naturalists: let me be outdoors
- Sensates: let me experience
- Traditionalists: let me remember
- Ascetics: let me be alone
- Activist: let me conquer
- Caregiver: let me care
- Enthusiast: let me celebrate
- Contemplatives: let me feel
- **Intellectual: let me think**

**6**

I spend more money on books than music.

**TOTAL OF ALL YOUR ANSWERS**

The highest number of points possible is 30. The higher your score, the stronger the dominance of this spiritual temperament is in your life. But remember, most of us have more than one spiritual temperament. Any score of 15 or higher indicates a tendency toward this temperament.

Once you have completed all of the spiritual temperaments and noted all your scores, you will have a composite picture of your soul's path to God.

**SACRED PATHWAYS** - Nine ways to connect with God



ALL SAINTS' CHURCH  
BRANKSOME PARK

